Annual Report 2023





Board of Directors

Curt Archambault, President Elizabeth Reilly, Vice President Anders Thomas, Secretary Jaime Cardenas Hakme Lee Renee Notkin Jay Pershing Josh Post Rev. Priscilla Austin, Ex-Officio Shawna McMahon, Staff



Not Pictured: Josh Post , MJ Kiser

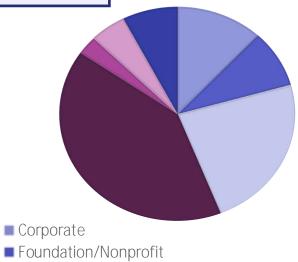
Staff

Shawna McMahon Natalie Dewey-Smith Kylee Hodil Alyssa McGillivary Dave Saluskin Janet Watness Terrence Lewis Michael Dart

Executive Director Development & Communications Manager Program Coordinator Food Services Coordinator Hygiene Center Coordinator Community Lunch Coordinator Recovery Shelter Coordinator Bookkeeper

Financials

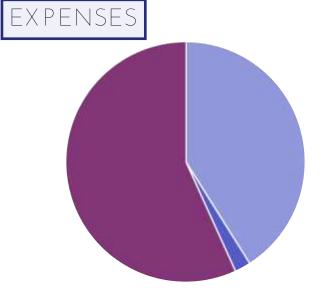




- Government
- Individuals
- Endowment Fund
- ILC Ministries
- Miscellaneous

Category	Amount	Percent
Corporate	\$45,510	12%
Foundation/Nonprofit	\$32,945	9%
Government	\$89,372	23%
Individuals	\$154,915	41%
Endowment Fund	\$10,700	3%
ILC Ministries	\$18,999	5%
Miscellaneous	\$28,720	8%
Total	\$381,164	100%

Total Revenue:



Category	Amount	Percent
Management/General	\$193,838	41%
Fundraising	\$10,207	2%
Programs	\$268,039	57%
Total	\$472,084	100%

Total Expenses:

Management/General

- Fundraising
- Programs

Programs

FOOD for those who are hungry... HYGIENE for those who are homeless... RECOVERY for those who are addicted...

RECOVERY PROGRAM SHELTER

The ICS Recovery Program Shelter provides a safe, supportive, clean & sober living environment for men who are working to overcome addiction to drugs and/or alcohol. Up to 15 men stay with us while participating in Intensive Outpatient Treatment at the Matt Talbot Center. ICS offers a place to sleep and hot meals so they can focus on their recovery and life skills to prepare them for permanent independent living.

HYGIENE CENTER

The ICS Hygiene Center is open weekdays from 8am-2pm to

anyone experiencing homelessness. We provide a welcoming environment to those who need a safe place to wash clothes, take a shower, enjoy two hot meals and find a few hours of respite from the outdoors. Guests receive a hot lunch, toiletries, razors,

shampoo, deodorant, soap, clothes, blankets and survival supplies like socks, rain coats & hand-warmers. These critical survival services allow people the opportunity to work, work on housing and other daily activities with dignity.

The ICS Food Bank serves approximately 414 households (610 people) per month. Open on Mondays each week to anyone who needs help putting food on their table, no matter where they live or financial situation. Many of our visitors are on fixed incomes and while some receive food stamps, it is not enough to provide adequate nutrition through the month.

FOOD BANK

COMMUNITY LUNCH

Once a month, a team of volunteers prepares a warm nutritious meal for anyone who would like to enjoy a hot meal and friendly conversation. For those that are hungry, it is a welcome hot meal. For those that are isolated & live alone, it provides community and conversation with neighbors.

Recovery Program



Cooking Thanksgiving Dinner



By the Numbers:

42 men stayed in our shelter

3,778 bed-nights provided

7,038 combined days sober for the residents who finished 2023 with us! (equivalent to more than 15 years!)



Enjoying a meal together

Commencement



Serving lunch at Community of Hope Luncheon



Serving in the Hygiene Center



Recovery guys' Putt-Putt Team



Supper Club



Recovery Thanksgiving Dinner



Sporting new knit hats from Marcy Golde



At the SLU Block Party

Hygiene Center

By the Numbers:

7,546 visits

8,534 showers

1,558 loads of laundry

12,820 meals served

15,093 pairs of socks distributed

50,060 cups of coffee



Lakeside School volunteers serving lunch



Hygiene guest painting



Celebrating the holidays



Union Church providing food for our Hygiene Center guests every Monday



Staff & Hygiene Center guest at Halloween

Food Bank



Alyssa, Food Bank Coordinator, busy during the holidays By the Numbers: 9,259 households served 6,181 individuals served 299,151 Ibs. of food distributed 306 volunteers 1,556 home deliveries 373 new households served

ASK-A-NURSE

In 2023, longtime volunteer and supporter Mary Ehrlich and friends started a Ask-A-Nurse table at Food Bank once a month.

They do blood pressure checks, simple wound care and help people with medical and medication questions.





Longtime Food Bank volunteer, Mike, at produce



Volunteers at Monday's to-go table

Community Lunch

By the Numbers: 797 meals served 39 volunteers



Guests enjoying lunch!



Janet, our Coordinator and a team of volunteers preparing the food!



Volunteer handing out meals



Signs of a delicious meal



Dessert!



Familiar and new faces

Events

ICS Putt-Putt Tournament June 2023



Mark from Umpqua Bank volunteering



Team Dude, Where's My Par?



Team Comrades of Compass



Team Murray's Paws for Care wins most funds raised



Team Faith



Lining up the putt!

Events

Community of Hope Luncheon October 2023



Crowded room at venue 415 Westlake!



2023 Spirit of Hope winners, Paul & Mary Ehrlich



Happy faces, Antonio & Joan



Guest Speaker, Antonio, Food Bank, Community Lunch & Hygiene Center guest



MC for the day: Jermaine Harris, Recovery Shelter grad

This year, we changed the Community of Hope Celebration to a Luncheon rather than a Breakfast.

We heard from staff, Recovery Shelter residents and others about how ICS helped with struggles.

Out guest speaker, Antonio, spoke to the sense of community he feels at the ICS Hygiene Center and told us about his difficult background fleeing from Mexico.

We had a great turnout and look forward to 2024!

Highlights of 2023





ICS was featured in the Seattle Times! Sharing Hygiene Center guest's, Tony, story.



Another successful Putt-Putt



Hygiene Center guest with keys to new apartment



Participation in Flatstick Pub's Sunday Fundraise raised \$3,000!

So many wonderful groups of volunteers!



Staff team building day at the zoo!



Board members & staff tabling at UW Dawg Daze



Recovery resident celebrating one year of sobriety





12,312 SHOWERS

2,881 LOADS OF LAUNDRY

7,038 DAYS -OF SOBRIETY

299,151 POUNDS OF FOOD COLLECTED

6,511 VOLUNTEER HOURS

Highlights of 2023

We've seen an increase of volunteers post-Covid!



Lakeside School students serving lunch



Neighbors at NanoString



Volunteer group from Gilead



Volunteer Appreciation Day!



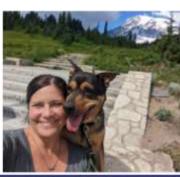




Saying Goodbye to a Friend.....

This fall we had to say goodbye to Sophie the CCO, Chief Compassion Officer at ICS. Over the last five+ years, she provided compassion, care and comfort to our guests, residents and staff throughout all ICS programs. She is missed by all.







15,060 CUPS OF COFFEE SERVED

14 MEN TO STABLE HOUSING

1,556 HOME DELIVERIES MADE

15,093 PAIRS OF SOCKS HANDED OUT

9,259 HOUSEHOLDS SERVED IN FOOD BANK

THANK YOU!

Our mission is to alleviate the effects of poverty, hunger, homelessness and addiction by providing community-based social services to those in need.

Thank you for believing in our mission.

Because of your support and partnership, we provided FOOD for those who are Hungry, HYGIENE for those who are Homeless and RECOVERY for those who are Addicted.

We continue to carry this mission through 2024 with compassion and kindness. We hope you will join us!

CONNECT with ICS

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